

AOT Study Timetable

Week		Study Goal Hours		Actual Study Hours				
		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning	7-8							
	8-9							
	9-10							
	10-11							
	11-12							
Afternoon	12-1							
	1-2							
	2-3							
	3-4							
	4-5							
Evening	5-6							
	6-7							
	7-8							
	8-9							
	9-10							
10-11								
Note								